

Programs and Activities

A variety of educational, social and recreational programs and activities await you at all 15 senior centers. Programs and activities are available in-person or offered in a virtual environment.

- Fitness and Exercise
- Crafts and Creative Arts
- Nutrition, Health and Wellness
- Socialization Activities
- Card and Table Games, Puzzles
- Special Events and Parties
- Local Trips

Call a senior center for specific activities or check the Human Services Department website at phoenix.gov/seniorcenters.



City of Phoenix

HUMAN SERVICES DEPARTMENT

Community and Senior Services Division
Senior Programs
200 West Washington Street
18th Floor
Phoenix, Arizona 85003

Phone: 602-262-7379
phoenix.gov/seniorcenters

(9/2021)



SENIOR PROGRAMS

 CITY OF PHOENIX | HUMAN SERVICES



Stay Young With Us!

(602) 262-7393



Information

Fifteen Senior Centers, geographically dispersed throughout Phoenix, provide older adults with a variety of social, recreational, educational, health and wellness activities. The City of Phoenix Human Services Department, Senior Programs operates these centers.

Senior centers keep older adults mentally, physically and socially engaged while having fun and spending time with friends. Lunchtime meals and transportation are also available to senior center members.

Annual Senior Center membership is \$20 for Phoenix residents, \$40 for non-Phoenix residents. Membership provides access to all 15 senior centers and Phoenix recreation centers. Additional fees may apply for specific activities.

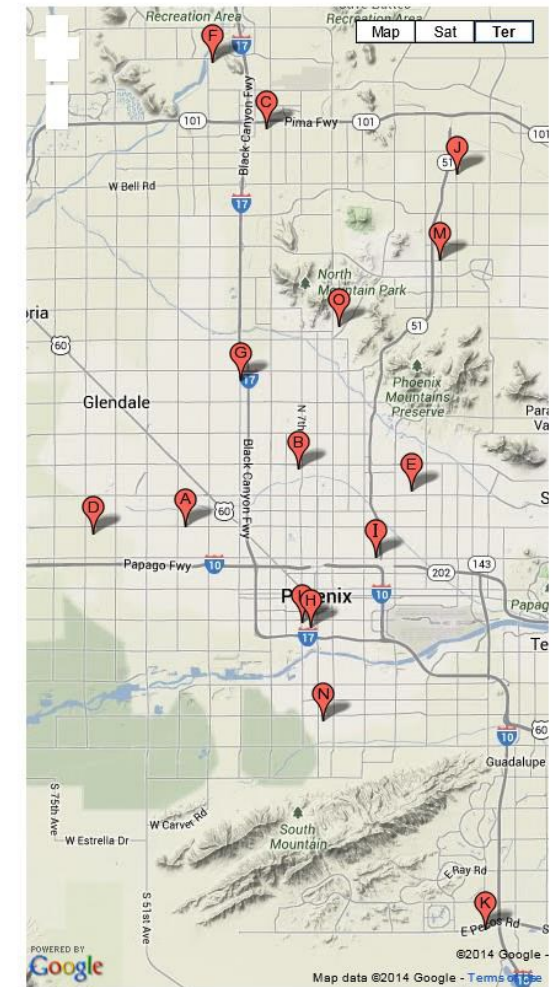
www.Phoenix.gov/seniorcenters

Phoenix Senior Centers

A	Adam Diaz	4115 W. Thomas Rd.	262-1609
B	Chinese	734 W. Elm St.	262-6411
C	Deer Valley	2001 W. Waballa Ln.	495-3714
D	Desert West	6501 W. Virginia Ave.	495-3711
E	Devonshire	2802 E. Devonshire Ave.	262-7807
F	Goelet A.C. Beuf	3435 W. Pinnacle Peak Rd.	534-9743
G	Helen Drake	7600 N. 27th Ave.	262-4949
H	Marcos de Niza	305 W. Pima Rd.	262-7249
I	McDowell Place	1845 E. McDowell Rd.	262-1842
J	Paradise Valley	17402 N. 40th St.	495-3785
K	Pecos	17010 S. 48th St.	534-5366
L	Senior Opportunities West (SOW)	1220 S. 7th Ave.	262-6610
M	Shadow Mountain	3546 E. Sweetwater Ave.	534-2303
N	South Mountain	212 E. Alta Vista Rd.	262-4093
O	Sunnyslope	802 E. Vogel Ave.	262-7572

All phone numbers are 602 area code

Senior Center Locations



For more information call (602) 262-7393.